

Recetas Con Miel



Strawberry Breakfast Drink

Ingredients

- 6 strawberries
- 1 egg
- 2 tablespoon of honey
- 2 lemons
- 1 teaspoon of vanilla
- 1 cup of milk
- 1/3 cup of yogurt

Place berries and add yogurt, eggs, honey, lemon juice, vanilla and remaining milk; blend until smooth. Serve immediately.